saba™
SHAPE™
The Skinny Probiotics
Clinically Proven to Control Body Fat† & Support Metabolic Health†

Introducing Saba SHAPE™

Saba Shape™ is a new skinny probiotic formula clinically proven to control body fat and metabolic health. Not all probiotics help with weight loss, and some of them may cause weight gain. Saba Shape™ is supported by a **decade of research** and is proven to help you lose weight.†

Worldwide obesity has more than doubled since 1980.[1]

In 2016, more than 1.9 billion adults were overweight, and more than 650 million of those were classified as obese.[2]

Obesity and overweight contribute to:[3] †

- **Cardiovascular Disease**
- **Diabetes**
- **Joint Pain**
- **Cancer**

Deaths caused by overweight and obesity

3.4 million

Saba SHAPE™ is here to help.

Consumers continue to look for answers. Their search is the reason why the market for weight loss supplements has grown to an over $5 billion industry. This is why we created Saba Shape™, a probiotic formula that's clinically proven to control waist circumference and body fat — particularly trunk fat. It's also been shown to strengthen the good gut bacteria linked with metabolic health, which means the risk of weight-related health issues may be reduced.†

Get the skinny on probiotics

The benefits of maintaining a healthy weight go far beyond smaller clothing sizes.

- **More energy and greater ability to join in desired activities†**
- **Fewer joint and muscle pains†**
- **Better sleep patterns• Better regulation† of bodily fluids and blood pressure†**
- **Reduced burden on your heart and circulatory system†**

Strong clinical documentation

Bifidobacterium lactis 420 (B420™) for metabolic health — a decade of research.

2007 - 2015	2008 - 2013	2013 - 2016	2013 - 2016	2017
Cell culture studies: B420™ improves epithelial barrier function	Mouse studies: B420™ improves metabolic health and gut barrier function	Mouse studies: B420™ improves metabolic health and gut barrier function	MetSProb Clinical study: B420™ with or without Litesse® Ultra™ controls body fat mass	MetSProb Clinical study: B420™ with or without Litesse® Ultra™ increases level of Akkermansia bacterium in the gut
Putaala et al. Res Microbiol 2008 Mokkala et al. Nutr Res 2016	Amar et al. EMBO Mol Med 2011 Stenman et al. Benef Microbes 2014 Stenman et al. Diabetol Metab Syndr 2015	Garidou et al. Cell Metab 2015	Stenman et al. EBioMedicine 2016	Hibbert et al. Beneficial Microbes 2018

Saba SHAPE™ is clinically proven to keep waists trim and benefit metabolic health.

Saba Shape™ is a unique formula of 10 billion CFU Bifidobacterium lactis B420™, offering weight management benefits. Bifidobacterium lactis B420™ is a naturally occurring strain, originally isolated from dairy products. **DuPont Nutrition & Biosciences has studied the strain's effect on metabolic health and the gut barrier function for more than a decade.** In a recent study, the strain was found to increase the relative abundance of Akkermansia muciniphila in the gut microbiota — a bacterium linked with improved metabolic health and anti-inflammatory properties.

Saba Shape™ is designed for the customer category "weight strugglers[5]," which represents 54% of the total market. This important market segment is concerned about weight-related health issues, is motivated to diet, and wants an **easy and effective** weight-loss solution that helps them feel good about themselves.†

Weight strugglers are:

- **Overweight or obese and are likely to have weight-related health issues**
- **Tired of going on diets to lose weight – they want a permanent solution †**

Weight strugglers feel guilty about not having a healthier diet. Saba Shape™ offers a helping hand to support the weight management efforts of this target segment so they can take control of their health. †

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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for you. for life.

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Safe, proven, and effective formula Why B420™?

Epithelial integrity is a key function of the gastrointestinal tract, and its disturbance is connected to metabolic disorders such as obesity. The finding of improved epithelial integrity by B420™ led to testing it for Saba Shape™. In mouse studies, B420™ was found to reduce weight gain and the accumulation of fat mass on an unhealthy diet. This provided first proof of concept of B420™ as an aid for weight management.

Saba SHAPE™ is the new proven probiotic for weight management.†

Saba Shape™ triples the chances of successful weight management when maintaining a regular lifestyle.

A double-blind, placebo-controlled study found that six months of dietary supplementation resulted in: [6]

- **4.5% less total body fat mass†**
- **6.7% less trunk fat†**
- **2.6 cm (1.02 inch) smaller waist circumference†**

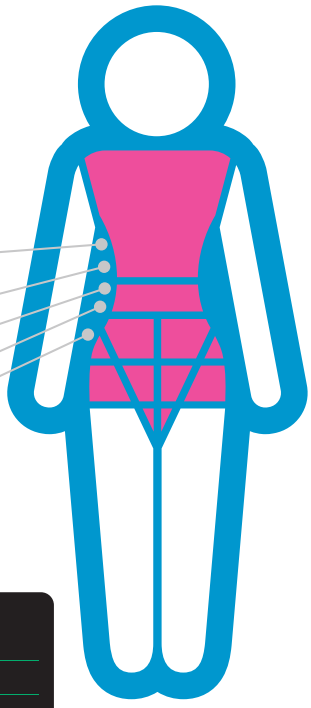
Participants in the study made no other change to their diet or exercise regime.

The greatest benefits from B420™ + Litesse® Ultra™ are seen in the trunk region.

Waist vs. hip area fat mass changes:[7]

- **4.7% less waist fat mass†**
- **1.6% less hip fat mass†**

***in subjects who followed the study protocol, compared to placebo.**



KEY BENEFITS:

- Weight Management†
- Better Sleep Patterns†
- Better Regulation of Bodily Fluids and Blood Pressure†
- Reduce Burden on Your Heart and Circulatory System†
- Improve Metabolic Health and Anti-inflammatory Properties†

cGMP MANUFACTURED · THIRD PARTY LAB TESTED · GLUTEN-FREE · CLINICALLY PROVEN INGREDIENTS · VEGAN

Supplement Facts

Serving Size: 1 Vegetable Capsule
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Chromium [as Crominex® 3+ chromium with Capros® amla fruit extract and PrimaVie® Shilajit]	400 mcg	1,143%
Bifidobacterium lactis B420™ (HOWARU® Shape)	10 billion CFU	**

** Daily value not established.

Other Ingredients: Microcrystalline cellulose, hypromellose, vegetable magnesium stearate and silica.

DUPONT HOWARU®

HOWARU® is a registered trademark of DuPont or its affiliates. CROMINEX®; CAPROS® and PRIMAVIE® are registered trademarks of Natreon, Inc.

References

1 WHO, 2016 and American Heart Association, 2016
2 WHO, 2016 and American Heart Association, 2016
3 IHME Institute for Health Metrics and Evaluation–based on info published in The Lancet 2014
4 Euromonitor International Jan 2017. Weight Loss Supplements Category
5 Source: HealthFocus, Intl., Shopping for Family Health Global Segmentation Analysis, Oct. 2014 (Proprietary Dupont Research)
6 Putaala et al. Res Microbiol 2008; Stenman et al. Beneficial microbes 20147 Stenman, Lotta K.; Lehtinen, Markus J.; Meland, Nils, Christensen; Je rey E., Yeung, Nicolas; Saarinen, Markku T.; Courtney, Michael; Burcelin, Rémy ; Lähdeaho, Marja-Leena; Linros, Juri; Apter, Dan; Scheinin, Mika; Kloster Smerud, Hilde; Rissanen, Aila; Lahtinen, Sampo; Probiotic With or Without Fiber Controls Body Fat Mass, Associated With Serum Zonulin, in Overweight and Obese Adult Randomized Controlled Trial, EBioMedicine (2016; 13: 190-200), doi: 10.1016/j.ebiom.2016.10.036.
8 Putaala et al. Res Microbiol 2008

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